

## **What to Buy in August List**

### **Buy Seasonal Produce**

- Blueberries
- Corn
- Cucumbers
- Eggplant
- Green Beans
- Lettuce
- Peaches
- Raspberries
- Strawberries
- Tomatoes
- Watermelon

Remember you can freeze or can many of these items for later use.

### **Pantry Items**

- Peanut butter
- Jelly
- Pudding cups
- Crackers
- Ketchup
- Mustard
- BBQ Sauce
- Ice Tea Bags (usually the last month of these)
- Chips
- Cereal
- Granola Bars
- Shelf stable yogurts
- Applesauce

### **Food for Your Refrigerator and Freezer**

- Hot Dogs
- Frozen breakfast items like pancakes and waffles
- Deli meats

### **Non Food Items**

- Tissues
- Antibacterial items
- Storage bags
- Lunch packing items like ice packs and paper bags

- Lysol Wipes and Sprays
- Bleach

### **Clothing**

- Summer clothes will drop dramatically this month
- Swimsuits and cover-ups
- Underwear
- Socks
- Undershirts

### **Household Items**

- Pool Towels
- Bedding
- Dorm Room Necessities
- Even some furniture will be at deep discounts

### **Office Supplies**

- Printer paper
- Pens
- Pencils
- Post It Notes
- Tape
- Glue
- ALL SCHOOL SUPPLIES - I have a separate article on how to [Stockpile School Supplies](#).

### **Technology Items to Buy in August**

- Amazon devices will be at their lowest until the holiday shopping season!
- [Kindle](#), [Fire Tablets](#)
- [Fire Cube](#)
- [Echo Show](#)
- Laptops will have deep discounts too

### **Outdoor Items**

- Lawnmowers
- Patio Furniture
- Lawn and Pool Maintenance Items